

*Humor in Nursing: A Matter of
Life or Death or “Just for the
Health of it”*





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“A cheerful heart is a good medicine.”

Proverbs 17:22

PURPOSE

To identify methods to facilitate a positive and effective learning environment for Nurses in a Theory course.



Course Design

- **Course designed to introduce various nursing and interdisciplinary theories and frameworks for practice and to look at concepts, principles and foundations to develop critical thinking and analytical skills.**



Vision

- **To provide educational opportunities to enable students to meet future challenges**

Mission

- **To provide educational and clinical curricular offerings that enhances lifelong learning, creative enquiry, and research activities to unite faculty and students in applying knowledge in a community setting.**

GOALS

- **To work with faculty to create a seamless educational offering that intrinsically values, informs and rewards students and to develop a program of research that contributes to the scientific and professional literature and stimulates student learning.**

The background of the entire image is a dark, starry night sky. It is filled with numerous small, white stars of varying brightness. Several larger, more prominent stars are highlighted with specific patterns or colors: a white eight-pointed starburst in the top left, a red eight-pointed starburst in the top right, a blue eight-pointed starburst on the right side, a white eight-pointed starburst in the middle right, a white four-pointed starburst in the bottom left, a red four-pointed starburst in the bottom center, and a blue four-pointed starburst in the bottom right. Additionally, there are several orange and yellow four-pointed starbursts scattered throughout the field. A faint, greyish, diffuse nebula is visible in the upper left quadrant. The overall effect is that of a rich, multi-colored stellar population.

WHO?

WHAT?

WHY?

HOW?

Core Outcomes

- **Receive and retain content**
- **Hold attention**
- **Relieve anxiety**
- **Establish rapport**
- **Fun - lifelong learning**

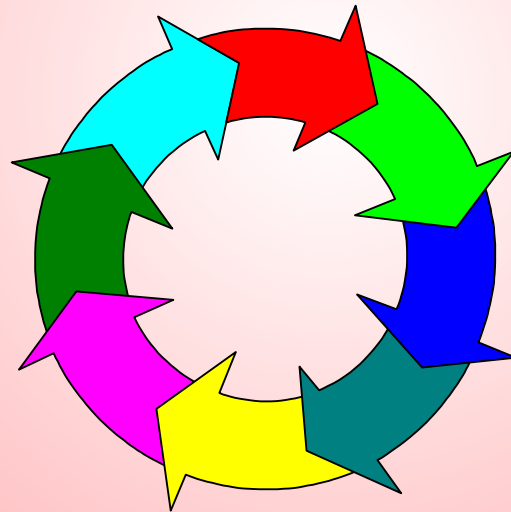


Teaching Learning Model (Kolb)

Theory Research Practice Learning Cycle

Formulation of Ideas

Testing



**Observation and
Reflection**

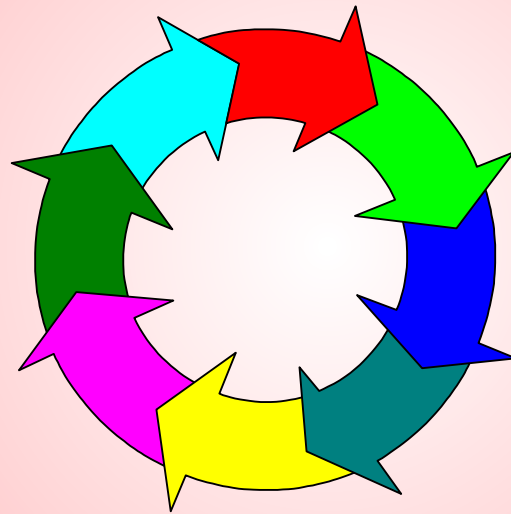
Concrete Experience

Formulating

Testing

Refining

Applying



Process

- **Assess - critical thinking, problem solving, group process, internal, external environments, reflection**
- **Plan - licensure, clinical expertise, advanced degree**
- **Implement - self-direction**
- **Evaluate - evidence based practice, educate, promote, disseminate**

WHY?

- **Internal - development, shortage, hook
- cope with external environment**
- **External - nurses eat their own**
- **Global image**



Literature Review

- **Humor reduces stress, promotes creative thinking, enhances group interactions (Crapanzano, 1999)**
- **Sets positive energetic tone, links concepts together, allies students with professor (Allen, 2004)**
- **Involves complex emotions and behaviors and releases fear (Cardoso, 2002)**
- **Strong connections demonstrated between humor and learning (Ulloth, 2006)**



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- A collection of medical supplies including a red stethoscope, a syringe, and various pills and capsules, all arranged on a bright green background with a decorative border.
- **Evaluation - Qualitative, Quantitative**
 - **Validation**
 - **Subjective - students, faculty's**
 - **Objective - course, institutional evaluations**

Anatomy 101

- **There are only 3 bones in the body that are absolutely essential**
- **The backbone**
- **The wishbone**
- **And the funny bone**



CLAP AND SMILE!

